

Cross

country:

Off the Beaten Path

2004 Cross Country Participants: back - Kristen Boggess, Randi Shackelford, Daniel Ray, Kayla Ward, Kendra Kerley; front - Jessica Youngblood, Jennifer Garcia, Gaby Garcia and Ashely Sellers

Kayla Ward takes third place at the Winkler County Invitational Meet held at the Winkler County Golf Course.



The Ladycats warmup and go over strategy as they get ready to run the regional race.

Jessica Youngblood displays a sign elementary students made for the cross country girls.



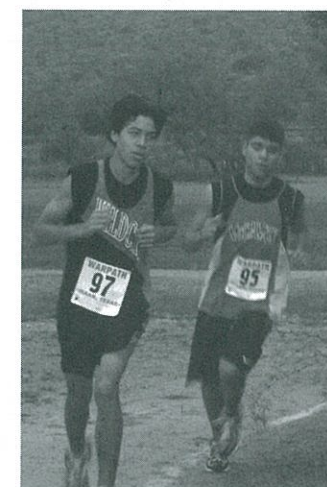
The Ladycat Cross Country Team travels into a drive-through sign that reads "Happy Feet Lead to Happy Endings" as the school wishes them the best of luck at the regional meet.



During the district meet in Iraan, the cross country team laughs to calm their nerves while warming up for the big race.

Daniel Ray focuses on staying in front of a McCamey Badger at the district meet.

During the Wink Invitational Meet, Ashely Sellers, Jennifer Garcia, Gaby Garcia and Jessica Youngblood work on pulling away from the pack to catch up with the leading runners.



Why Cross Country?



"I love running, most of the time. I loved being a part of a team to qualify for Regionals, and I love getting all those shiny metals, too."

Kayla Ward, Senior



"I liked being apart of a team that had many firsts. Like the first team to qualify to regionals and the first team to win the district title."

Jennifer Garcia, Senior



"I enjoy running because it takes my mind off of everything. I also love my teammates."

Randi Shackelford, Junior